



Bike maintenance/social cycle volunteer

Role title	Workshop volunteer for the Social Cycle
Location	<p>Bristol Family Cycling Centre Bamfield (Next to Action Indoor Sports BS14 0FE www.betterbybike.info/familycyclingcentre https://www.facebook.com/familycyclingcentre/</p>
Hours/commitment	<p>Thursdays 9.45am to 3pm Term time only. We are looking for volunteers who can attend in blocks of at least one term (approximately 6 weeks) but welcome ongoing commitment.</p>
The Family Cycling Centre and the Bristol Bike Project's Social Cycle	<p>The Bristol Family Cycling Centre at Hengrove gives people of all ages and abilities the chance to ride in a traffic-free environment using our range of two-wheeled bikes and inclusive cycles.</p> <p>The Bristol Bike Project runs sessions called the “Social Cycle” every Thursday during term time at the Family Cycling Centre, teaching bike maintenance skills from the Centre’s workshop.</p> <p>Currently groups of between four and six young people from local schools attend a morning or afternoon Social Cycle session for one term. The students are referred to the project by schools for a range of reasons, including low confidence, low-level behavioural issues or an aptitude for technical work.</p> <p>They learn how to maintain and fix bikes, including how to set up brakes and gears, carry out hub services, and check headsets and bottom brackets.</p>

The role	<ul style="list-style-type: none"> Working with a team of mechanics to teach bike maintenance skills to young people.
What you can expect from the role	<ul style="list-style-type: none"> A rewarding experience helping young people to improve their skills and gain confidence. Good experience to enhance your CV. Support and encouragement from staff at the Cycling Centre and Bristol Bike Project.
Support and training	<ul style="list-style-type: none"> As part of volunteering on the Social Cycle project you will be supported to develop your mechanical skills, including being buddied with a skilled mechanic where necessary who can show you how to tackle specific problems.
Person specification	<ul style="list-style-type: none"> Basic bike maintenance skills an advantage but not essential. Some aptitude and a willingness to learn are more important. A willingness to share knowledge, using patience and a sense of humour. Able to use initiative and work as part of a team. Appreciative of the varying needs of young people on the project who may have a mild learning difficulty, display challenging behaviour or face other emotional challenges in their lives.
Contact person	Emma Barraclough 01275 832800 cyclingcentre@bristol.gov.uk

Bristol Family Cycling Centre Expression of Interest Form

Thank you for indicating an interest in volunteering. If you would like further information or would like us to contact you for a chat about volunteering, please complete and return this form. Please note that the role will be subject to a DBS check but we can offer these free of charge.

Name	
Telephone	

number	
Email address (please print)	

Please let us know about any experience you have of bike maintenance and of working with young people.

Please tell us what interests you about volunteering on the Social Cycle at the Family Cycling Centre.

If you can only volunteer for a short period of time or only during parts of the year (eg only term time or holidays) please let us know.

References

Please provide two character references for people who you know well enough to comment on your suitability for volunteering. They could be employers, professionals, friends, neighbours etc, but must not be relatives.

Referee one:

Name:

Address:

.....

Telephone:

Email:

In what capacity do you know the referee?

Referee two:

Name:

Address:

.....

Telephone:

Email:

In what capacity do you know the referee?

Thank you for your interest, we will be in touch with you soon and look forward to meeting you.

Please return this form to: Emma Barraclough, Communities Active Travel Officer, Bristol Family Cycling Centre, cyclingcentre@bristol.gov.uk Tel: 01275 832800