



www.ridbristol.org
 We run regular dig days and rides so get involved here!
 continue to maintain these trails.
 Enjoy your ride! Please donate so Ride Bristol can
 Help keep the trails running sweetly!

Bristol is a cycling city and fortunate to have
 some great off-road bike trails suitable for
 riders of all abilities, just minutes from the
 Clifton Suspension Bridge and only a short
 ride from the City Centre.

Getting there:
Car: Use Clifton Lodge car park, or if full use
 Church Lodge car park, accessible from Ashton
 Road (B3128), near the Ashton Pub, and cycle
 up through the estate to the trail.
Bus: To check public transport visit -
www.travelwest.info
Cycle: To plan your ride -
www.betterbybike.info

Mountain bike hire:
 You can hire mountain bikes from Pedal
 Progression. www.pedalprogression.com

For more info about local bike shops,
 visit Better By Bike.

Facilities
 Café
 Car Park
 Picnic benches
 Toilets
 Daily bike hire
 Trails suitable
 for all abilities

BETTER BY BIKE
www.betterbybike.info/mtb



LENGTH 4 miles **SURFACING** Hard packed, all weather
GRADE BLUE / RED **DIRECTION** Clockwise

POINTS OF INTEREST

- A) Hyper Nova**
 Ease into the trails with flowing rollers and
 sweeping banked turns (berms).
- B) Stella Nova**
 Earn your turns with the gravel climb and
 enjoy sweeping views of the city, then dive into
 Keepers Wood and find your flow.
- C) Magic Roundabout**
 A welcome mid-ride pause. Pull up at the picnic
 benches, then enjoy a quick lap of the Magic
 Roundabout.
- D) Quarry Climb**
 A flow-filled climb through Pillgrove wood.
 Proof that climbs can be fun!
- E) Quarry Descent**
 Hold on tight for this rollercoaster descent,
 packed with rollers and berms from top to
 bottom. It never fails to put a grin on your face.

- F) Super Nova**
 An extra challenge. This red-graded section opens
 with a pump track feel before building into bigger
 berms, rollers and jumps where you can really push
 your limits. It finishes back at the picnic benches and
 Magic Roundabout.
- G) Sourcy Ground**
 A whole load of fast and fun berms that sweep you down
 into Beggar Bush Lane.
- H) Beggar Bush Lane**
 A superb ribbon of singletrack that winds its way back
 to the café. Packed with flow, features and fun.

I) Goram's Drop
 Four impressive stone drops await the brave, with a
 bypass route available if you'd rather keep your wheels
 on the ground.

Ashton Court is an all-weather, family-friendly
 off-road cycle trail, that still has plenty of
 challenges for the more experienced rider. Four
 miles in total, it is free to access 365 days a year.
 Working with Bristol Parks and an evolving range
 of organisations, the trail is maintained by local
 charity Ride Bristol. Ride Bristol promotes off-
 road cycling through volunteer trail repair days,
 group rides and community events.

ASHTON COURT

Super Nova Trail
 Red Grade (Difficult)
 0.8 km (0.5 miles)
 10 mins

Nova Trail
 Blue Grade (Moderate)
 6.5 km (4 miles) 45min - 1 hr

Hole in the wall
 (access to
 50 Acre Wood)

Access to
 Leigh Woods

Bike Hire

Courtyard Café

Clifton Lodge
 Clifton Lodge Car Park
 Golf & Cycle Centre
 Lodge Golf course
 Foot Golf
 Water Catch
 Summerhouse Plantation
 Deer sanctuary area
 No public access
 Mansion Car Park
 UWE Bower Ashton Campus
 Church Lodge
 Church Lodge Car Park
 Dovecot PH
 Long Ashton Park & Ride

Ashton Court
 Clifton Suspension Bridge
 Clifton
 Avonmouth M5, Jnt 18
 Leigh Woods (Ver Tis)
 50 Acre Woods Trail
 Ashton Court (Nova Trail)
 Church Lane Entrance
 Golf Club and Church Lodge Car Park
 20 min ride to Bristol City Centre

LEIGH WOODS

Revamped in early 2026, Yer Tiz is shorter and more feature-packed than the trail in Ashton Court. The route is designed as an accessible trail for adaptive bikes in sections, along with optional, more technical red sections.

The trail includes a short, optional skills area and a small jump area near to the car park where you can work on progressing your technique. It can be ridden as a loop, or there are optional routes to North Road or down the Pill Path.

Cheers Drive

Red Grade - Difficult - Distance 0.6km (0.4 miles)

An easygoing red loop with variable surfaces and more technical features.

Yer Tiz Trail

Blue Grade (Moderate)
Distance 3.6km (2.3 miles)

The route crosses walking paths at various points, with large stones marking these exits.

Please ride cautiously across, respecting and giving way to other woodland users. Anticipate meeting walkers and dogs along any sections of path. A 'moderate' Blue grade engaging trail weaving its way through the woodland. The trail features berms (banked corners) rollers (bumps) and drops and climbs. The trail is suitable for relative novices to off-road cycling. In places the trail splits for a short distance, giving an option of a more difficult challenge.

Short skills area

Keener Skills Trail Skills Park

Red Grade - Difficult - Distance 0.3km (0.2 miles)

The main loop of this skills trail is graded 'moderate' Red and includes features such as small drops, rock gardens and rollers to progress your riding ability. Along the loop you can divert onto more difficult features once you are confident. Repeat the loop to progress and practice your skills before returning to the main trail.

Bomb Crater Trail

Red Grade - Difficult - Distance 0.05km (0.03 miles)

A short detour around the edge of a bowl-shaped feature.

Gurt Lush Trail

Red Grade - Difficult - Distance 0.1km (0.06 miles)

A 'difficult' Red grade narrow and technical trail, offering a more challenging alternative to the main trail. Only suitable for experienced off-road cyclists. A great 'taster' of a Red grade trail.



LENGTH 3.6 km (2.3 miles)

GRADE BLUE with optional RED sections and skills area



SURFACING Hard packed, all weather

DIRECTION Anti-clockwise

LENGTH 3.2 km (2 miles)

GRADE RED section that is more natural and technically harder than the stone trails in Ashton Court and Leigh Woods



SURFACING Mixed, with dirt sections that become muddy when wet

DIRECTION Clockwise from start point off bridgeway with braid to Faff mountain

FIFTY ACRE WOOD

A) Main Trail B) Shortcut
C) Faff Mountain

The Fifty Acre Wood trail is a completely volunteer built, constructed by hand over a period of several years. It is reinforced in places, but much more natural than the trails in Ashton Court and Leigh Woods.

Expect roots and rocks, and mud after wet weather.

The trail includes a couple of tough technical climbs and a rocky descent with a couple of (optional) medium-sized drop-offs.

A shared-use link trail runs from the start to Weir Lane along the bottom of the wood.



Get...
INSPIRED

Discover the best route to get around quicker, cheaper, healthier, better

@betterbybike

betterbybikeUK

BETTER BY BIKE
www.betterbybike.info

Try our NEW cycle planner to find the quickest, quietest or most balanced route.

betterbybike.info/cycleplanner



TRAIL ESSENTIALS

1. Ashton Court, Leigh Woods, and Fifty Acre Wood are busy multi-user sites. Watch out for other visitors and prepare to stop if needed.
2. For your own and others' safety, always follow the bike trails in the correct signed direction. Adhere to the warning signs and advice given.
3. Always wear a helmet when mountain biking. Gloves are advised and you should consider other safety equipment such as knee pads.
4. Only tackle trail features if you are sure you can ride them - have a look on foot first.
5. Only ride on designated trails and take litter home.
6. Protect, respect and enjoy the wildlife, plants and trees, to help keep these areas beautiful.



Special thanks to Ride Bristol and Pedal Progression for helping with this map.