










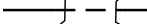
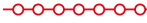


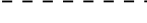




















Key, signs and symbols

	Traffic-free cycle route (surfaced/unsurfaced) with access point		National Cycle Network
	Very quiet roads		Cycle shop
	Minor roads/advisory route recommended by local cyclists		Cycle Parking
	Through roads/advisory route recommended by local cyclists		Public bike pump
	Main roads/advisory connecting route		Level Crossing
	Very busy main road		Railway station
	Railway track/tunnel	Sch	Primary school
	Bridleways (fenced/unfenced)	Sch	Secondary school
	Bridleways (popular for mountain bikes)	H	Hospital
	Mountain bike trails	H	Hospital with A&E
	Subway	PW	Place of worship
	Pedestrian footpaths		Tourist information centre
	Pedestrian areas that cyclists can use		Museum
	Pedestrian areas where cyclists must walk their bicycles		Library
	Motorways		Public house
	Cycle lane		Café
	Traffic signal		Public toilets
	Light controlled crossing		Selected shop / supermarket
	Closed road with cycle exemption		Post office
	Turning movement that only a cyclist can make		Campsite
	One way/Contraflow for cyclists		Public buildings
			Woodland