

Life Cycle UK

Start cycling • keep cycling • love cycling



FREE Advanced Cycle Training

For young people aged 11-14 years
February 2018

Level 3 Bikeability Training at Portishead Youth Centre

- Builds skills and confidence
- Riding on local roads
- 2.5 hour course AM or PM session
- Small groups for individual attention
- Central Portishead location
- 13th - 15th February 2018



Funded by North Somerset Council

Life Cycle UK are delighted to offer this exciting and fun activity for young people to stay active during the school holidays. The training is free and you can book online or over the phone.

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Find out more at www.lifecycleuk.org.uk/FREE
Or call us on 0117 353 4580



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